

WORKSHOP PHYSICAL THEATRE **'Presence on stage'**

Tutor / Katiouschka Kuhn
Centre Européen de Théâtre Physique
For professional participants (singers, actors, dancers)

+> From Monday 10th to Wednesday 12th Sept 2018 / Strasbourg-France

Mon 10 : 15H-18H

Tue 11: 9H-12H/ 14H-17H

Wed 12 : 9H-12H/ 14H-17H

//15H training

Rate : 150€



Contact//

L'Ecole de Théâtre Physique

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WORKSHOP PHYSICAL THEATRE

'Presence on stage'

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For professional participants (singers, actors, dancers)

Diving straight into the heart of the process of the interpreter, this workshop invites you to put into play the relationship between body and emotion, in a studied and coherent setting, in order to develop a more intense life on stage.

Refine your feelings and express them instantly. A reappropriation of the body and of its deep resources allows a new quality of being to emerge, alongside a more honest relationship to the stage.

The sessions will begin with a preparatory part, elaborated from a specific sequence which allows you to understand your instrument in all its amplitude (body / voice), through a focus on presence, mobility, and fluidity.

Mobilize energy and vitality through a voice-body-emotion course, alternating work on muscle reinforcement and vocal release through collective improvisation procedures, in order to develop endurance, commitment to action and response to the moment.

By opening up to other physical and perceptive spaces, you will then inhabit gain access to vast fields of choreographic imagination. By learning a series of physical and vocal principles you will be led to develop your own movements, phrasing, and choreographic characters (in solo / duo / collective work).

This work will lead you towards concepts that trigger your own creativity and invite you to step out of your habitual patterns and expand your relationship to the stage and to performance itself.

Awaken your vital momentum in search of an inhabited and expressive stage presence! Based on the transmission of practical and theoretical tools, this immersive workshop will allow you to enrich your technique and to explore the sensitive link between body and emotion.

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